Colombia Médica

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Table 2 Answer in the AEQ-III (Item), grouping of variables and factors evaluated in young adults of Bucaramanga, Colombia

Item* Interaction groupal

- 105 Alcohol enables me to have a better time at parties.
- 86 Drinking makes get-togethers more fun.
- 107 Drinking makes people feel more at ease in social situations.
- 48 Having a few drinks helps me relax in a social situation.
- 64 After a few drinks, I am usually in a better mood.
- 99 It is easier to remember funny stories or jokes when I have been drinking.
- 53 There is more camaraderie in a group of people who have been drinking.
- 87 Alcohol makes it easier to forget bad feelings.
- 58 Drinking increases female aggressiveness.

Item Increase in the verbal expression

- 73 A few drinks make me feel less shy.
- 92 A couple of drinks make me feel more outgoing.
- 32 It is easier for me to meet new people if I've been drinking.
- 36 If I have a couple of drinks, it is easier to express my feelings.
- 97 Opposite sex is easier for me after I have had a few drinks.

Item No inhibition

- 101 Alcohol makes me more talkative.
- 120 Things seem funnier when I have been drinking, or at least I laugh more.
- 94 Alcohol decreases my hostilities.
- 112 Alcohol makes it easier to act impulsively or make decisions quickly.
- 95 Alcohol makes me feel closer to people.

Item Increase in sexuality

- 59 I am a better lover after a few drinks.
- 79 I enjoy having sex more if I have had some alcohol.
- 81 I feel more masculine/feminine after a few drinks.
- 88 After a few drinks, I am more sexually responsive.
- 69 After I have had a couple of drinks, I feel I am more of a caring, sharing person.
- 84 Sometimes when I drink alone or with one other person it is easy to feel cozy and romantic.
- 35 Alcohol makes women more sensuous.
- 66 Women can have orgasms more easily if they have been drinking.
- 103 Men can have orgasms more easily if they have had a drink.

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Table 2 Answer in the AEQ-III (Item), grouping of variables and factors evaluated in young adults of Bucaramanga, Colombia(continuation)

Item Reduction of psychological tension

- 74 If I am tense or anxious, having a few drinks makes me feel better.
- 116 A drink or two can slow me down, so I do not feel so rushed or pressured for time.
- 85 I feel like a more happy-go-lucky person when I drink.
- 111 Alcohol makes me worry less.
- 50 Drinking alone or with one other person makes me feel calm and serene.
- 15 Drinking makes me feel good.

Item Reduction of the physical tension

- 109 After a drink, things like muscle aches and pains do not hurt as much.
- 61 Alcohol decreases muscular tension.
- 78 Alcohol can act as an anesthetic; that is, it can deaden pain.
- 57 Alcohol helps me sleep better.

Item Aggressiveness and feelings of power

- 76 If I am feeling afraid, alcohol decreases my fears.
- 91 I become lustful when I drink.
- 51 After a few drinks, I feel brave and more capable of fighting.
- 40 After a few drinks, I feel more self-reliant than usual.
- 100 After a few drinks, I am less submissive to those in positions of authority.
- 77 A couple of drinks make me more aroused or physiologically excited.
- 41 After a few drinks, I don't worry as much about what other people think of me.
- 54 My feelings of isolation and alienation decrease when I drink.
- 96 I tend to be less self-critical when I have something alcoholic to drink.
- 52 Drinking can make me more satisfied with myself.

Item Psycho-physiological changes

98 Drinking makes me feel flushed.

- 10 Drinking makes me feel physically.
- 89 If I am cold, having a few drinks will give me a sense of warmth.

 * Order of the question or item in the AEQ-III 8