**Original Research** 

# Lymphotherapy induce an increase of blocking factors and correct infertility problems

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# Abstract

This study aimed to confirm the presence of Blocking Factors (BFs) in Mixed Lymphocyte Culture (MLC) from female normal reproducer and sub-fertile rabbit inoculated with two injection of the allogenic lymphotherapy (LIT) to analyze its effect on rate fertility and pregnancy success. The BFs measuring was done intervening MLC with MTT-Formazan non-radioactive technique. It was demonstrated BFs presence in MLC in female rabbit groups.. In sub-fertile female reproducers treated with allogenic lymphotherapy a significant increase in the level of FBs after every LIT was observed, as well as a rate fertility increase.. Furthermore, it was established that BFs act on cell proliferation inhibiting the MLC of other species, clearly indicating that the inhibit effect of the BFs is inter-specific and no intraspecific as had sustain until now.

**Key words:** lymphotherapy, blocking factors, mixed lymphocytes culture, subfertiles females rabbit and fetal allograft.

## La Linfoterapia induce aumento de factores bloqueadores y corrige problemas de infertilidad.

#### Resumen

Esta investigación se basó en un modelo experimental de origen animal, dirigido a comprobar la existencia de factores bloqueadores (FBs) del cultivo mixto de linfocitos (CML) en grupos de conejas reproductoras normales y subfértiles. A los animales de experimentación se les aplicó dos dosis de Linfoterapia (LIT) alogénica, con el fin de analizar sus efectos en el aumento de la tasa de fertilidad y del éxito gestacional. La medición de los FBs se realizó mediante CML con la técnica no radioactiva MTT-Formazan. Se comprobó la existencia de FBs del CML en todos los grupos de conejas estudiados. En conejas reproductoras subfértiles tratadas con LIT alogénica se observó un incremento significativo de los niveles de los FBs después de cada LIT, así como el aumento en la tasa de fertilidad de las mismas. Además, se estableció que los FBs de proliferación celular actúan inhibiendo el CML de otras especies, lo que indica claramente que el efecto inhibitorio de FBs es interespecífico y no intraespecífico como se ha sostenido hasta ahora.

**Palabras clave:** Linfoterapia, factores bloqueadores, cultivo mixto de linfocitos, *Oryctolagus cuniculus*, aloinjerto fetal.

### Introduction

In 1994 Beer and Billingham established the bases of the immunology of reproduction. These initial studies demonstrated that the uterus is not a immunology privileged tissue. Furthermore, they postulated different theories to explain the survival of fetal allograft during the pregnancy and established the immunotherapy as treatment to recurrent spontaneous miscarriage (1). Subsequent studies developed on animal models allowed to understand the mechanism responsible of the fetal reabsorptions or habitual aborts in addition to the alloinmunotherapy effects in the reproduction (2, 3).

It is currently accepted that the mothers recognize immunologically to her allogenic embryo and respond strongly to the blastocyst implantation in endometrium. For this reason has been thought that there are factors that regulate or suppress the immunological response against the embryo in development, allowing to success of the placental mammals from mammals perspective (4).

One of main purposes of immunology of reproduction is establish experimental animals models to investigate the phenomenon of the response immune maternal against the fetal allograft. The reproductive efficiency of species for commercial utilization in livestock field have been significantly affected for bad practices of the genetic improvement programs that lead to high levels of endogamy. This has generated a very low fertility rate threatening the rusticity of the others species. The importance of this study is to evaluate the effect of the immunotherapy as treatment for correcting specific problems of fertility.

*Blocking Factors (BFs).* Molecules that prevent immune rejection of the fetal allograft during pregnancy (5,6).

*Lymphoteraphy (LIT) or Immunotheraphy.* Ppurified preparation of leukocytes that is administered intradermic. Approximately 50 million cells are inoculated from the father or someone related to him (4). *Fetal Allograft*: It has been considered that fetus is a semi allograft due that possess 50 % of genetic information derivate from the father. It could express antigens from the father or its owns, which would be susceptible to immune recognition and rejection (3).

*Subfertile Females.* It have been consider subfertile females those rabbit repeat services, meaning being mount often and not stay pregnant. The cause of the subfertility can aggravate immunne problems for the high level endogamics.

## Materials and methods

Control group and problem group for the study. BFs in serum were quantifying from 55 female rabbits. Treatment group consisted of 9 subfertile reproducer rabbits inoculated twice with LIT. 8 subfertile reproducer rabbits injected twice with sterile saline solution (SSS) denominated control group;. 20 nulliparous rabbits (80 days) 10 normal multiparous rabbits and 8 post-parturition normal multiparous were included. Males which have been verified its fertility and were in active condition during time the study were utilized as reproducers . Mononuclear cells were obtaining by puncture intracardiac using a sterile heparinized syringe from New Zealand white (NZW) rabbits that were going to be sacrificed. Serums from females problem and control were drawn blood obtaining from for vein marginal puncture of the ear into pediatrics Vacutainer tube additive-free.

Protocol for setting up of the MLC, with the technical non-radioactive MTT-FORMAZAN. Non-Radioactive cell proliferation assay is a colorimetric method to determine the viable cells number in culture. In this assay a tetrazolium compound (3-4,5-dimetyl thiazol-2-hl)-2,5 difenil tetrazolium brinide) MTT is bio-reduced by cells to Formazan that is soluble in culture medium inside of the mitochondria. The conversion is done by dehydrogenase enzymes found at the matrix mitochondrial in metabolically active cells (7-9). The lymphocytes were separated from whole blood by Ficoll-Hypaque gradients (density 1,077) and centrifuge to 3000 m.p.r. for 40 minutes. With a Pasteur sterile pipette, the buffy layer was carefully removed and transferred to another tube and 10 ml RPMI-1640 medium were add, centrifuged for 10 minutes (2000 rpm) this procedure were done twice.. The male cells or inducers were treat with Mitomycin C 0,25 mg/ml (for every one ml cells is utilize 0,1 ml of Mitomycin C) during 20 minutes at 37°C. The cells were adjust to a final concentration of 2 x 10<sup>6</sup> cells/ml with RPMI-1640 medium adjusting the counts in Neubauer chamber and the viability using trypan blue in microscopy 40x.

Preparation of Assay Plates. 30 µl of serum from females rabbits to be tested were added to 100 µl of RPMI-1640 by triplicate. 50µl of responds cells (5000 cells/µl) and 50 µl (5000 cells/µl) induces cells previously inactive with Mitomycin C were added in to each well depending upon the numbers of test. The plate was incubated at 37°C for 72 hours in a humidified 5% CO<sub>2</sub> atmosphere.

Absorbance measure and data recording. 15  $\mu$ l of the dye solution were added to each well and the plate was incubated at 37°C for 4 hours in humidified 5% CO<sub>2</sub> atmosphere. After 4 hour 100  $\mu$ l of the Solubilization/Stop Solution was add to each well.

*Interpretation of Results.* The assay plate was read using an ELISA plate reader Anthos 2001 (540 nm and 620 nm filter reference) the inhibitory effect (IE) was calculated according to this formula.

IE = 1- 
$$\frac{\text{Abs. CML. Test serum}}{\text{Abs. CML. Test serum AB}^+} \times 100$$

#### Results

BFs levels from each rabbit were measured before and after treatment, described table 1 and 2. The proliferative response in presence of serums (from female under study) was assessed in the MLC.

Without LIT	1 LIT	2 LIT	3 LIT
Α	В	С	D
1 %	30%	50,95%	
22,08%	32,77%	47,72%	59,1%*
21,76%	38,64%	47,08%	52,93%*
35,72%	42,21%	56,17%	55,85%*
34,10%	43,51%	48,06%	
24,03%	48,71%	57,80%	
21,11%	54,23%	60,39%	
10,12%	22,07%	29,9%	
6,55%	36,66%	41,64%	

Table 1. BFs results from sub-fertile problem females w	ithout
and with dose of the lymphotherapy.	

Table 2. BFs results from sub-fertile problem females without
and with dose of sterile salt solution.

Without SSS	1 dose de SSS	2 Dose SSS
Α	В	С
23,96%	21,76%	29,50%
31,14%	29,23%	33,65%
22,16%	22,73%	25,35%
23,36%	21,43%	26,27%
24,56%	25,98%	27,19%
20,56%	19,81%	21,66%
19,36%	18,51%	17,06%
20,84%	23,38%	19,82%

BFs results from control females rabbit were obtained, mean 28,69 %, value considered as reference for normal reproducer females without allogenic Lymphotherapy treatment. For sub-fertile reproducer females the BFs mean was 20,79% without alloimmunotherapy inoculation. BFs value of 38,25% were found after first alloinmunization of sub-fertile reproducer females, after the second lymphotherapy dosage the BFs value were 48,17% and with third dosage the values average were 55,90%. These results indicate a significant increase of the BFs directly proportional to the number of lymphotherapy dosage. Furthermore the lymphotherapy increased the efficiency reproductive level, in other words success pregnancy. Table 3 and 4.

Problems Females (LIT)							
No	No Condition No dose Covers						
1	Pregnant	2 LIT	1				
2	Pregnant	3 LIT	2				
3	Pregnant	3 LIT	2				
4	Pregnant	3 LIT	2				
5	Pregnant	2 LIT	1				
6	Pregnant	2 LIT	1				
7	Pregnant	2 LIT	1				
8	Pregnant	2 LIT	1				
9	Pregnant	2 LIT	1				

**Table 3.** Reproductive efficiency of females with lymphotherapy

**Table 4.** Reproductive efficiency of females with SSS treatment

Females control (SSS)					
No	Condition	No dose	Covers		
1	Failure	2 SSS	4		
2	Pregnant	2 SSS	1		
3	Pregnant	2 SSS	1		
4	Failure	2 SSS	4		
5	Failure	2 SSS	4		
6	Pregnant	2 SSS	1		
7	Failure	2 SSS	4		
8	Failure	2 SSS	4		

The average BFs for nulliparous females (80 days) was 17.2%, normal multiparous, 30.06% and post-parturition multiparous 44.94%.

It was assessed the effect of each treatment in the number and condition of litter. Were obtained as many females treatment with LIT as the females treatment with SSS, Table 5.

Numbers young the Females treatment with LIT		Numbers young the Females treatment with SSS		
1ª Paarturition	1ª 2ª Paarturition Parturition		2ª Parturition	
10	8	-	-	
7	8	6	4	
8	8	6	10	
10	8	-	-	
12	10	-	-	
2	11	9	8	
8	10	-	-	
7	9	-	-	
4	11			

**Table 5.** Measure of treatments effect in the number and condition of the litter reproducer females with treatment (LIT and SSS)

Finally serums from 8 females of different species were tested in human MLC to assess proliferative response. All the samples tested inhibited the positive reaction of MLC. Table 6

**Table 6.** BFs results for serums proliferative respond from females in the MLC in different species with same cell source.

Females pregnant		Females non-pregnant		
Animal	BFs	Animal	BFs	
Cow 1	37,33%	Goat	28,87%	
Cow 2	26,73%	Rabbit 2	22,07%	
Cow 3	31,80%	Agouti paca 2	26,81%	
Agouti paca 1	35,27%			
Rabbit 1	40,23%			

## Statistical Analysis

ANOVA analysis (randomized complete block design) were used to evaluate the effect of lymphotherapy in the increasing of BFs in sub-fertile reproducers females compare with sub-fertile females group treated with salt solution. (10,11).

Using the ANOVA results significance or the average-to-average method comparisons were carried out applying Tukey's multiple comparison tests (11).

Statistically significant differences were found for the group treated with lymphotherapy and highly significant between the moment without lymphotherapy and after second lymphotherapy dosage, Table 7 and graphic 1.

Table 7. ANOVA I Treatment with LI	Τ
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Source of variation	LG	SC	СМ	F Calculate
(h-1) Block	8	1872,33	234,04	5,41
(t-1)Treatment	2	3972,50	1986,25	45,89
(h-1) (t-1) Error	16	692,41	43,27	



Graphic 1. Comparison among the LIT treatment means

There were no statistically significant differences in outcome for treatment group with SSS, therefore all treatment have the same effect, Table 8 and Graphic 2.

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Source of variation	LG	SC	СМ	F Calculate
(h-1) Blocks	7	326,85	46,7	14,62
(t-1) Treatments	2	22,25	11,13	3,52
(h-1) (t-1) Error	14	44,32	3,17	



Graphic 2. Comparison SSS treatments means

#### Discussion

Due to the different theories proposed to explain the fetal allograft survival various research groups had been focus their effort in study in depth the main role of BFs in preventing the immune rejection of the mother against fetus. For this reason the BFs in sub-fertile reproducer rabbit were studied. The main goal was quantify the BFs of the MLC in animal models which could bring out new information that could being applied in human reproduction especially in reproductive problems with immunologic origin that cause frequent miscarriages.

In this study the lymphotherapy effect in the increasing BFs levels was studied and consequently the greatest pregnancy success chance in comparison with the SSS treatment group in t sub-fertile reproducer rabbits.

The results showed that there is a concentration increase of BFs from MLC after each lymphocytes injection in sub-fertile females. That supports the initial hypothesis since differences highly significant were find between females without lymphotherapy and females after second injection of lymphotherapy (p>0.01). In contrast there not found differences among females treated with SSS (p<0.05). Which indicate that the lymphotherapy is useful for increasing the BFs levels and consequently correct specific cases of infertility being an extremely useful immune therapy in case of recurrent miscarriages in human(12-14) or other mammals. Furthermore, none harmful effect of the lymphotherapy were observed in that species. Contrary to other studies that sustain that lymphotherapy is not treatment that improve the pregnancy success in women with recurrent miscarriages. These results could be were linked to psychology hormones mediated effect (12,13).

The rate fertility success observed in sub-fertile females treated with LIT was greater than the rate in females treated with SSS. The incidence of the LIT was clear since 66% of the females got pregnant at the second LIT injection and the outcome were the 100% at the third injection. The BFs levels were optimal at the third LIT injection where highly significant differences (p>0.01) were observed between females without LIT and females that received up to three LIT injections. Moreover, it was showed that the pregnancy efficiency was closely tied to good level of BFs.

The litter size depended of a lot external variables such as diet, stress, genetic of the animal and the weaning which is related with the handing of production (13). The variability of the young rabbit's number went from 1 at 20 per litter being a very random data to take into account as reference of treatment with lymphotherapy. Furthermore, note that prenatal mortality occurs usually in all multiparous species of mammals, such as rabbits, it seems that when there is an excessive number of morulas the normal uterine nutrients supply is insufficient for the survival and can induce death of considerably number of embryos, phenomenon called fetal reabsorption (14-18). Base on the above and the study results the lymphotherapy was associated with the fetal reabsorptions decrease which could indicate that lymphotherapy could prevent the selection of consanguineous embryos. at tuterus level

The quantification of serums from normal females allowed establish the FBs range levels present in normal females. To get good success pregnancy in this specie the BFs range must fluctuate in levels highest than 30% in average (borderline). In addition, the BFs levels were correlated with the numbers of birth thus the more births the higher levels of BFs were observe for the average the BFs in post-birth females (Mean= 45%). The BFs average in nulliparous females was 17%, suggesting that the BFs increased during the first 10 days and maintained its high levels during the pregnancy.

Moreover, it was demonstrate that BFs not relate to classical antibodies, since serum from several species used in one MLC with the same origin inhibited the positive reaction and cell proliferation in all cases. Thus BFs are inter-specific and not inspecific like has been claimed in other studies.

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