

## *In vitro* transdermal drug permeation tests: a regulatory scenario evaluation

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### SUMMARY

**Introduction:** The Transdermal Drug Delivery Systems (TDDS) could circumvent the inconveniences of oral administration, increasing treatment adhesion. Meanwhile, despite being highly widespread systems, there are discrepancies between the performance and quality control methodologies recommended by the leading regulatory agencies, which is an issue for the pharmaceutical industry. **Aim:** To identify and to compare the requirements for TDDS regulatory approval by important agencies, focusing on the *in vitro* release and drug permeation studies, which are crucial tests for the evaluation of safety, efficacy, and performance of these systems. **Methods:** The documents that regulate the scope of TDDS in FDA, EMA and Anvisa were analyzed, as well as the contributions of OECD. In addition, an approaching regarding the pharmacopeial requirements was made regarding USA, Europe, and Brazil. **Results and conclusion:** Concerning the regulatory approval aspects, the FDA is reviewing its documents because the current guidance is not specific to transdermal systems. On the other hand, the EMA presents a unique

guideline that includes specific requirements for TDDS. The USA and the European Pharmacopoeias have specific mentions to performance and quality control of TDDS, while the Brazilian *Pharmacopoeia* does not mention this dosage form. Recently, Anvisa published a guide, which helps Brazilian manufacturers concerning the tests required for the regulatory approval of a new TDDS. The launch of this standardized national statute associated with the use of a validated *in vitro* release and permeation tests represents a remarkable breakthrough regarding TDDS.

**Keywords:** Transdermal patch, regulatory frameworks, medical device legislation, cutaneous drug administration.

## RESUMEN

### Pruebas de permeación transdérmica de fármacos *in vitro*: una evaluación del escenario regulatorio

**Introducción:** los sistemas de administración de fármacos transdérmicos (TDDS) podrían sortear los inconvenientes de la administración por vía oral, aumentando la adherencia al tratamiento. Mientras tanto, a pesar de ser sistemas muy extendidos, existen discrepancias entre las metodologías de desempeño y control de calidad recomendadas por las principales agencias reguladoras, lo cual es un problema para la industria farmacéutica. **Objetivo:** identificar y comparar los requisitos para la aprobación regulatoria de TDDS por parte de las principales agencias reguladoras, enfocándose en los estudios de liberación *in vitro* y premiación de fármacos. **Métodos:** se analizaron los documentos que regulan el alcance de la TDDS en la FDA, EMA y Anvisa, así como los aportes de la OCDE. Además, se realizó un planteamiento sobre los requisitos de las farmacopeas de los Estados Unidos, Europa y Brasil. **Resultados y conclusión:** la FDA está revisando los aspectos de aprobación regulatoria porque la guía actual no es específica para los sistemas transdérmicos. Por otro lado, la EMA presenta una guía única que incluye requisitos específicos para TDDS. Las farmacopeas de los Estados Unidos e Europa tienen menciones específicas al rendimiento y control de calidad de TDDS, mientras que la *Farmacopea* brasileña no menciona esta forma de dosificación. Recientemente, Anvisa publicó una guía que ayuda a los fabricantes brasileños en cuanto a las pruebas requeridas para la aprobación regulatoria de un nuevo TDDS. El lanzamiento de este estatuto nacional estandarizado asociado con el uso de pruebas validadas de liberación y premiación *in vitro* representa un avance notable con respecto a TDDS.

**Palabras clave:** parche transdérmico; marcos reguladores; legislación de dispositivos médicos; administración cutânea.

## RESUMO

### Testes de permeação transdérmica de drogas *in vitro*: uma avaliação do cenário regulatório

**Introdução:** os sistemas de liberação transdérmica (SLT) são capazes de contornar as desvantagens da administração oral de medicamentos, aumentando a adesão ao tratamento. Entretanto, apesar de serem sistemas difundidos, existem discrepâncias entre as metodologias de desempenho e controle de qualidade recomendadas pelas agências regulatórias, dificultando o desenvolvimento destes pela indústria farmacêutica. **Objetivo:** identificar e comparar os requisitos para aprovação regulatória de SLT por importantes agências regulatórias, com foco nos estudos de liberação e permeação de fármacos *in vitro*, testes fundamentais para avaliação da segurança, eficácia e desempenho desses sistemas. **Métodos:** foram analisados os documentos que regulam o escopo dos SLT publicados pela FDA, EMA e Anvisa e as contribuições da OCDE. Além disso, foi realizada a abordagem sobre os requisitos farmacopeicos nos Estados Unidos, Europa e Brasil. **Resultados e conclusão:** FDA está revisando os aspectos de aprovação regulatória, pois os documentos atuais não são específicos para os SLT. Em contraponto, a EMA apresenta uma diretriz única que inclui requisitos específicos para estes sistemas. Em relação às farmacopeias, enquanto EUA e Europa apresentam recomendações específicas para desempenho e controle de qualidade dos SLT, a *Farmacopeia* brasileira não menciona esta forma farmacêutica. Recentemente, a Anvisa publicou um guia com os testes necessários para o registro destes sistemas. O lançamento de tal publicação, associado a ensaios devidamente validados representam um avanço notável no escopo regulatório dos SLT.

**Palavras-chave:** adesivo transdérmico, marcos regulatórios, legislação de dispositivos médicos, administração cutânea.

## INTRODUCTION

The pharmaceutical industry and academia are current looking for developing effective therapeutic approaches, with fast and safe clinical results [1]. In the pharmaceutical development sector, there is a clear need for more significant incentives in innovation

that stimulate the development of health solutions in an accessible way to all society segments. The development of innovative technologies focused on a positive cost-benefit ratio of the available treatments and its security from acquisition to disposal, helps to improve the regulatory tools involved in the available drugs [2]. In this context, the Transdermal Drug Delivery Systems (TDDS) present a challenge in regulatory scenario due to, among others, the technology used for its development that still faces challenges in the regulatory process. The permeation of substances through the skin depends on their physicochemical properties, and their behavior when placed in an appropriate transdermal patch. For this reason, each dosage form must be strictly evaluated in preformulation stages, so that the skin permeation and efficacy studies can be conducted [1].

Currently, to evaluate the efficacy and safety of a transdermal patch, *in vitro* skin permeation tests are recommended to estimate the *in vivo* permeation. However, these trials are not present in the main pharmaceutical compendia [3-5]. The *in vitro* permeation tests take account not only the amount of drug release from the device but also the diffusion capacity of concentration gradient through the skin to a receptor solution, where the amount of permeated drug was determined [6]. On the other side, the release tests evaluate the drug released from its dosage form, so that, it becomes available to be absorbed. The *European Pharmacopoeia* (EurPh) and the *United State Pharmacopoeia* (USP) describe this last test [7, 8].

The absence of analytical standards for the permeation test parameters, such as membranes used, apparatus and its dimensions, receiving media, and test time, may impair the *in vitro* test results. Therefore, it is crucial to analyze the techniques used by the scientific community, in order to guide the development of a harmonized methodology for *in vitro* permeation test, as well as for the release ones. The standardization of an *in vitro* permeation methodology is mandatory, not only for the device evaluation in the preformulation stage but also in the quality and safety evaluation of the transdermal delivery systems [9].

Concerning the safety of transdermal patches, the clinical data from currently available devices show that are toxicity risks due to misuse, either by overdose or ingestion of the reservoir gel. Also, there are reports of toxicity related to inappropriate disposal or failure in device adhesion to the skin, where it may accidentally settle on another individual than the patient [10, 11]. In 2005, the Food and Drug Administration (FDA) announced an investigation into deaths and other adverse events resulting from an overdose involving patients using Duragesic®, a transdermal fentanyl device. The device was composed by a reservoir of the drug, a release control membrane, and an adhesive layer to ensure the intimate contact to the skin. Specific reports on failure of the release

control membrane, with a subsequent leak of the gel content, led to a product recall in 2004 [12]. Later, technological innovation guided to the development of a device containing the drug in an adhesive matrix, where the adhesive layer promotes intimate contact with the skin and controlled release of the drug [13].

In 2007, the Daytrana<sup>®</sup>, a transdermal methylphenidate device used on attention deficit and hyperactivity disorder treatment, currently produced by Noven Pharmaceuticals<sup>®</sup>, had a voluntary recall because of the separation between the device and the protective film. In 2009, the FDA announced a recommendation due to the burn risk when conducting magnetic resonance exams in patients that are using the transdermal devices, that contained a metalized external coating [14]. In 2015, the agency announced again an alert about the loss of skin color associated with the appearance of a chemical leukoderma limited or not to the area of use of the Daytrana<sup>®</sup> [15].

In the Brazilian context, considering the domestic drug market, the mission of the Brazilian Health Regulatory Agency (Anvisa) is to promote and protect the health of the population and intervene in risks arising from the production and use of medicines and services subject to sanitary surveillance [2]. Besides, judging by the importance of drugs available on the Brazilian market, as well as those that are in the development phase as therapeutic opportunities, the study of the regulatory scenario becomes indispensable in guaranteeing the safety and efficacy of various therapies proposed in transdermal presentations.

Thus, this study aims to compare and analyze the release and permeation test methodologies for transdermal patches described in the main guidance of three regulatory agencies: FDA, EMA, and Anvisa, as well as Organization to Economic Cooperation and Development (OECD) regarding its international importance, reviewing the relevant topics that ensure the quality and safety of these Systems.

## METHODS

### **Regulatory Agencies**

An assessment was adopted covering regulatory agencies from three countries or regions: The United States of America (USA), Europe, and Brazil. Respectively, the documents that regulate the scope of TDSS in FDA, EMA and Anvisa were analyzed. Given its importance, the contribution of the Organization to Economic Cooperation and Development (OECD) at the international level was also assessed.

## Pharmacopoeias Evaluation

Following the selected countries and regions chosen to regulatory comparison, an approaching regarding the pharmacopeial requirement was made based on the *United States Pharmacopoeia* (USP), the *European Pharmacopoeia* (EurPh) and the *Brazilian Pharmacopoeia* (FB).

## RESULTS AND DISCUSSION

### Food and Drug Administration (FDA)

One of the most relevant documents that regulate semisolid medicines is the *Guidance for Industry: Nonsterile Semisolid Dosage Forms. Scale-up and Postapproval Changes: Chemistry, Manufacturing, and Controls (SUPAC-SS); In vitro Release Testing and In vivo Bioequivalence Documentation*. It addresses the requirements to produce nonsterile semisolid pharmaceutical forms in large scale and post-approval changes, covering recommendations to manufacturers about changes in composition, manufacturing process, and increasing or reducing batches of semisolid formulations. It also defines the change levels, the recommended chemical tests for both product in-process and quality control, and the *in vitro* release test or *in vivo* bioequivalence tests that support each change level [16].

Specifically, the *Draft Guidance for Industry on Transdermal and Topical Delivery Systems: Product Development and Quality Considerations* was recently launched to deal precisely with the development and quality of medicines involving topical and transdermal delivery systems [17]. The guidance recommends that products need to be developed on the principles of Quality by Design and indicates the use of the Code of Federal Regulation Title 21 (CFR 21) to regulate the quality systems. However, this guidance is still in the implementation phase, not acting as a specific guide for the *in vitro* release and permeation tests so far, even if it signals what should be implemented soon in the regulatory scenario. It brings relevant recommendations on the tests to be conducted with transdermal patches. The guide proposes to perform characterization studies such as skin permeation, crystallization, thermodynamic stability, system potency, residual drug, *in vitro* permeation tests, extractable and leachable substances, and heat effects evaluations [17].

In the absence of a specific guide for transdermal patches, the SUPAC-SS has been used. Regarding *in vitro* tests, the variety of physicochemical tests commonly performed on semisolid products and their components, such as solubility, particle/droplet size, crystalline form of the drug, viscosity, and homogeneity of the product,

historically provided reasonable shreds of evidence of its performance. Thus, it could be considered reasonable to estimate the drug release of the TDDS [16].

Although the guidance mentions that the correlation between *in vitro* release tests and *in vivo* expected behavior for semisolid forms is not recommended, the literature presents several studies that support the establishment of an *in vitro-in vivo* correlation for these products [18-20].

It is important to note that even though the SUPAC-SS, published in 1997, recommends the use of a vertical diffusion cell (Franz diffusion cell) to evaluate the *in vitro* release, this test was only introduced by USP in 2015. Until the previous year, the dissolution apparatuses 5, 6, and 7 were adopted. Such devices estimate the release of the drug without using a membrane, where the transdermal device should be accommodated in the referred apparatus. Additionally, the position of the TDDS in apparatus 5, for example, is not feasible. The TDDS could be displaced from the disk during the agitation process. Thus, the adhesive face, which should be flat during the test, could bend or even adhere to the walls of the vessel [8, 16].

The use of Franz diffusion cell apparatus allows the permeation and release studies for formulation development, biopharmaceutical characterization, and quality control, both for transdermal patches and semisolid dosage forms. In general, the amount of drug that permeates a skin fixed area during the test could be compared to its potency (EC50) in order to estimate the permeability and check if it is enough to wield the pharmacological effect [21].

According to SUPAC-SS, to regulatory approval, it is necessary that the *in vivo* test shows bioavailability/bioequivalence of the dosage form [16]. The bioequivalence study project depends on the nature of the drug. Some options include a blank comparative study [22]; comparative clinical experience; or any other validated bioequivalence study, such as a dermato-pharmacokinetic study. The comparative clinical study, usually multicentric, aims to compare the response of a test group that receives a new treatment with that of a control group that receive an existing treatment or a placebo [23]. The dermato-pharmacokinetic technique test uses the total of the drug in the stratum corneum and hair follicle as an indication of permeation. The stratum corneum function as a reservoir, and the extent of the drug in this layer could predict the amount absorbed [24]. The recommendations for the bioequivalence and bioavailability tests are still in the implementation phase, available in the *Draft Guidance for Industry to Bioequivalence and Bioavailability Studies Submitted in NDAs or INDs. General Considerations*, which is broad and not restricted to transdermal patches [25].

Another relevant document from the FDA is the *Guidance for Industry to Skin Irritation and Sensitization Testing of Generic Transdermal Drug Product*, which advises skin irritation or sensitization tests during the development of transdermal products. As described in the guide, transdermal patches could lead to irritation or sensitization in the skin. In these product developments, the dermatological adverse events are first assessed in animals and then subjected to safe evaluations in large-scale clinical studies. The recommended tests, as well as the methods to be used, are detailed in this guide, and include several tests such as cumulative irritation, sensitization, and combined studies [26]. However, this guide should be updated very soon by the *Draft Guidance for Industry to Assessing the Irritation and Sensitization Potential of Transdermal and Topical Delivery Systems for ANDAs*, which is still in the implementation phase [27].

As mentioned before, the *Guidance for Industry to Transdermal and Topical Delivery Systems: Product Development and Quality Considerations* recommends tests to determine the residual drug in transdermal delivery devices should be included in the regulatory approval process. Often, topical, transmucosal, and transdermal dosage forms retain 10 to 95% of the initial amount of the drug after the end of the period of use. This fact leads to a potential safety risk not only for the patient, but also for other family members, caregivers, and pets. For example, adverse events in patients who did not remove the device in the correct period have already been reported and are related to increased or prolonged pharmacological effects. Reports of intoxications and deaths are cited in the scientific literature [10, 11, 13]. *Guidance for Industry to Residual Drug in Transdermal and Related Drug Delivery Systems* was published in 2011, which supports the need of scientific approach justifications, including safety assessment, based on risks analysis, for the residual drug in the transdermal patches after its period of use, in order to reduce the drug residual levels [28]. The guidance also recommends that a robust product design need to be carried out, using a quality by design approach, as described in the *International Council of Harmonisation of Technical Requirements of Pharmaceutical for Human Use Considerations Guideline Q8 (R2) on Pharmaceutical Development* and reported in the literature [29, 30].

The amount of absorbed drug in a TDDS depends, among other factors, on the skin contact device area during its use. To the assessment of the adhesive capacity of a TDDS, the *Draft Guidance to Assessing Adhesion with Transdermal and Topical Delivery Systems for ANDAs* is under development. The document released in 2018 for public consultation provides guidelines for adherence tests, considering that if the TDDS loses adherence during usage, the amount of drug delivered to the patient is reduced, leading to an increased risk of unintended exposure to the medication to another recipient, for example. The guide recommends that adherence studies can be carried out in conjunc-



tion with clinical or bioequivalence studies and advises the specifications proposed in the trials as well as the statistical evaluations [31].

### **European Medicines Agency (EMA)**

In 1999, the EMA published the *Note for Guidance on Modified Release Oral and Transdermal Dosage Forms: Section II. Pharmacokinetic and Clinical Evaluation*, including specific recommendations to transdermal systems [32]. In 2014, the *Guideline on Quality of Transdermal Patches* was published, which proves to be equivalent to the FDA's SUPAC-SS, due to its scope, addressing chemical, manufacturing, physicochemical, and process control criteria. The difference between the documents is that the EMA guideline providing specific recommendations for transdermal devices, that also covers requirements for its particular characteristic, such as adhesive properties, for example [33]. Nonetheless, even it is not mentioned in the SUPAC-SS, the EMA guideline is indicated by USP [5].

The main difference between EMA guideline and SUPAC-SS is that the last suggests, to evaluate the *in vitro* release, some parameters to be followed using Franz diffusion cells (e.g., diffusion system, temperature, medium receiver), although makes it clear that the manufacturer could look for other references [16] while EMA does not address the Franz diffusion cells and requests that a dissolution development flow should be provided for the product. It also recommends that the TDDS must be evaluated under different receiving medium conditions such as pH, apparatus, agitation, and others. The choosing test must be the most appropriate and discriminative of the *in vivo* process [33].

Concerning *in vitro* permeation studies, which are not mentioned by SUPAC-SS, the EMA makes clear that these do not directly correlate with the *in vivo* process, but are considered a valuable measure for product quality, reflecting the dynamic activity of the drug in the TDDS. The guidance recommends that *in vitro* permeation studies should be mainly used in development stages of dosage form, and its optimization, not being suitable to the quality control routine. However, it suggests that the *in vitro* permeation studies could be included in stability study protocols, even at a reduced frequency, to provide product performance data under the indicated storage conditions. The recommendation is that this test should be performed using Franz diffusion cells with a pre-established area where the recipient medium should mimic the *in vivo* conditions [33].

The adhesive properties evaluations must be conducted by *in vitro* and *in vivo* tests. The *in vitro* test should evaluate the adhesive film removal, and adhesion and removal process from a defined surface, like that reported by USP [5, 33]. In contrast, the *in*

*in vivo* tests should be conducted in the patches proposed period of use, since the product adhesion must be valid so that the clinical trial conclusions could be correctly obtained. For the same reason, the batches used in the clinical trial must be representative of those marketed [33].

The *in vivo* adhesion study proposed by EMA is quite different from the one proposed by the FDA (*Guidance for Industry to Skin Irritation and Sensitization Testing of Generic Transdermal Drug Product*) [26]. According to the European agency, the adhesive performance should be included as a component of the clinical studies, or it could be an independent study made with healthy volunteers and patients. If the TDDS has several doses, at least the largest and the smallest devices should be assessed. The assessments elements should include [34]:

- Application site.
- Protective film residual on the patch or in the skin after a device removal.
- The number of transdermal patches attached to the skin.
- Cold flow, such as the presence of a dark ring around the device application site during use, move or displacement on the skin, as well as wrinkling.
- Device robustness in usual human routine, such as waterproofing on the shower, and saunas, the resistance to moisturizers uses, the removal risk during physical exercises or sleep, and device to close people transferring probability.

Concerning quality control strategies, the manufacturer should establish the pharmacokinetics and clinical efficacy correlations including, *in vitro* release, *in vitro* permeation, and *in vitro* adhesion, whenever possible [34]. The *Guideline on Quality of Transdermal Patches* also covers the requirements for development and manufacturer of generic drugs, not so different from what is applied to the brand ones [33], and the approach is like the first guidance launched by EMA [32].

### **Organization for Economic Cooperation and Development (OECD)**

The OECD has considerable guidance on dermal and transdermal studies. The main one, published in 2011, is the *OECD Guidance Notes on Dermal Absorption (N.º 156)* [35]. This document complements others previously published by this commission in 2004 *OECD N.º 427* and *OECD N.º 428 Guidance*, that have been updated recently and address *in vivo* and *in vitro* methodologies for absorption studies, respectively, and the *OECD Guidance Document for the Conduct of Skin Absorption Studies* [35-37]. These guides aim to harmonize the experimental data for dermal and transdermal stud-

ies and provide information on alternative methodologies to estimate this parameter. The leading information considers the data type to risk evaluation or estimate relation to public health or pesticide toxicology [35]. From 2004 onwards, these guidelines started to be mentioned in the scientific literature that addresses permeation studies. In works conducted by the European Community that approach *in vitro* permeation methodologies, it is possible to verify references to the OECD guidelines, even though they have no regulatory effects [38-43].

The *OECD Guidance* for *in vitro* tests propose that it could be combined with the OECD No. 247 Guidance (*in vivo* tests) or conducted alone. It also recommends that the *OECD Guidance Document for the Conduct of Skin Absorption Studies* should be consulted to manage the project based on N.º 428. The guidance aims to simplify the choice of appropriate procedures to guarantee the confidentiality of the results [36, 37, 44].

Regarding the extrapolation of results obtained in animals, the literature presents a pertinent observation; *In vitro* studies performed with rat skin, when well designed and standardized, could predict *in vivo* absorption. Likewise, using human skin on *in vitro* assays, it is possible to predict *in vivo* absorption [43]. The OECD recommends the regulatory approval for *in vitro* data. However, the guide points out that other regulatory authorities have different acceptance criteria for *in vitro* methodologies as an estimate of dermal absorption [35]. It is noteworthy that none of the guides published by the OECD refer to release tests.

The *in vivo* permeation tests have traditionally been used to assess skin absorption for regulatory purposes due to their advantages over *in vitro* ones, including drug kinetics and dynamic information. However, *in vivo* tests include the use of live animals, radioactive material and there is, the difficulty determining the initial stages absorption. Besides, there are some differences in the permeability of animal skin and human skin that could harm the test, where the animal skin may overestimate human percutaneous absorption, due to its higher permeability [35].

Among the advantages of *in vitro* tests, these can be well applied with human skin or other species; the replicate evaluations could be quickly conducted; it does not use live animals; and it is possible to determine the exposure conditions and the damaging impact on skin absorption, avoiding ethical issues. Furthermore, the *in vitro* method avoids the use of radioactive materials. On the other hand, the *in vitro* methodology is limited due that peripheral blood flow sink conditions could not be reproduced entirely. However, skin absorption is mainly a passive process, and studies that use appropriate experimental conditions could produce valuable data for several chemical substances, demonstrating the usefulness of this method [35].

The guide also mentions the possibility of data combining from animal and human studies. Notably, this is not a correlation between them, but an approach to use *in vivo* animals and *in vitro* human skin data. The methodology is known as the *Triple Pack* and establishes a relationship among the results to predict human absorption *in vivo*. The combined data offers a precision result since it corrects the animal results, whose skin permeability is higher than human skin. Meantime, the use of this approach in the regulatory field is still being validated [35, 45, 46].

The EMA guide additionally suggests that national's regulatory authorities may have different acceptance criteria for *in vitro* absorption studies, and then the choice of which method(s) will be used should be in line with the body regulatory requirements. The only conducting of an *in vitro* study may be recommended for the first scanning of skin permeation, depending on its intended use. If a more detailed assessment of dermal absorption is required, *in vitro* and *in vivo* data should be provided together. The OECD guidance No. 156 also mentions that the most appropriate protocol needs to be verified with the regulatory authority before conducting permeation studies [35]. Although the *OECD Guidance 156* is instructive about conducting permeation tests, even drawing a parallel between *in vivo* and *in vitro* tests, it is not a consolidated and harmonized protocol yet.

### **Brazilian Health Regulatory Agency (Anvisa)**

In Brazil, Anvisa published *Guide N.º 20 of February 10th, 2021*, postulating the quality requirements to regulatory approval of topical and transdermal products. Until the release of this document, there was no regulation protocol detailing the quality criteria for these dosage forms [47]. The guide is based in international documents previously comment in this study, e.g., the FDA's SUPAC-SS, the EMA *Guidance on Quality of Transdermal Patches*, and the *OECD Guidance Document for the Conduct of Skin Absorption Studies*. As well as *USP General Chapter 3 "Topical and Transdermal Drug Products - Product Quality Tests*, the *Guide N.º 20/2021* mentions tests for TDDS quality and safety assurance dividing into general, specific, and transdermal patches assays. The document even shows *in vitro* performance tests [47].

The general tests include the description of visual changes, such as color, adhesive migration, phase separation, or crystallization. Besides, identification tests, assay, and impurities are also required. The specific tests include uniformity of dosage units; microbial limits, water, and antioxidant content; antimicrobial preservative content and effectiveness; pH; sterility (if applicable); particle/droplet characterization; crystal formation; polymorphism; rheological properties; uniformity in container; and extractable and leachable contents. Regarding the TDDS specific tests, it is the same as

those found in the USP, except for static and dynamic shear tests. The tests include the evaluation of the protection film removal, surface adhesion test, immediate adhesion test, flow resistance test, adhesive migration test, and leak test [47].

To *in vitro* performance devices analysis, the Guide N.º 20/2021 suggests permeation or release tests. The release tests could be performed on the drug's release profile test and should be presented during formulation development. It also includes the comparison with the brand-name drug in case of generic regulatory approval. Those *in vitro* tests also could be useful in postapproval control changes. To achieve this goal the dissolution apparatus described in official compendia or Franz diffusion cells could be used [47]. The *in vitro* permeation studies performed in Franz diffusion cells should use human skin or other mammal's membranes. Both permeation and release studies, must be justified while the used methodology and parameters employed.

Concerning the specific requirements for regulatory approval, the TDDS should follow the recommendations of Anvisa (RDC N.º 200 of December 26<sup>th</sup>, 2017). This statute is applied criteria for concession and renew regulatory approval of brand name medicines, generics, and similar. In case of TDDS, both sections for new dosage forms and new drug load ought to have attention. Therefore, for regulatory approval, it is necessary technical justify, safety, and efficacy report containing phase III clinical studies (phase I and II, if applicable) and an appropriate pharmacovigilance project to new formulation/drug load. Concerning the safety of TDDS devices, a risk minimization plan might be necessary [48]. This document aims to manage new risks identified in the postapproval process or even to monitor know risks previously studied. It is also applied in a new therapeutic indication [49]. Thus, the risk minimization plan proves to be consistent with the FDA TDDS safety recommendations in *Guidance for Industry to Residual Drug in Transdermal and Related Drug Delivery Systems*, which proposes a robust Quality by Design study, in order to ensure the safety and less impact of drug residual generated [28].

In the context of *in vitro* tests, the Law N.º 11,794 of October 8<sup>th</sup>, 2008, as known as *Arouca* Law, reflects a worldwide trend to promoting scientific and regulatory acceptance of animal-free testing. It launches, as an objective for *in vivo* tests using animals the same proposed by EMA with the 3 R's (refinement, reduction, and replacement). A significant contribution of this law was the creation of the National Council for the Control of Animal Experimentation (Concea) in Brazil [50]. Normative Resolution N.º 17 of July 3<sup>rd</sup>, 2014, from Concea, provides validated alternative methods to reduce, replace, or refine the use of animals in research activities. The interested institutions in proposes validating alternative methods must be associated with the National Network on Alternative Methods (Renama), created through Ordinance N.º 491, of

July 3<sup>rd</sup>, 2012, of the Ministry of Science, Technology, and Innovation. The objective of Renama is available through a network of associated laboratories, the methodologies recommended by the OECD, contributing to guarantee the quality of services offered to the productive sector [51, 52].

Additionally, the Normative Resolution (NR) N.º 18 of September 24<sup>th</sup>, 2014, presents the alternative methods recognized by Concea. There are related seventeen alternative methods grouped by test and all of which are approved by OECD. For *in vitro* skin permeation tests, the NR indicates the OECD Guide N.º 428 [52]. Therefore, in Brazil, the creation of Concea and Renama are remarkable steps in establishing quality and safety standards for transdermal product development. It is a useful tool, not only to perform pre-clinical trials as for regulatory requirements to *in vitro* tests in European standards.

## Pharmacopoeias Evaluation

### *U.S. Pharmacopoeia (USP)*

According to USP, topical products include, among others, creams, gels, liniments, pastes, suspensions, lotions, foams, sprays, aerosols, solutions, and patches or TDDS. The chapter divides the procedures and acceptability criteria for topical products into universal, specific tests, and specific tests for transdermal delivery systems. These tests are included in *General Chapter 3: Topical and Transdermal Drug-Product Quality Tests* [5].

### *Universal Tests for Topical and Transdermal Drug Products*

The universal tests for quality attributes are present according to *ICH Guidance Q6A Specification-Tests Procedures and Acceptance Criteria for New Drug Substances and New Products: Chemical Substances* and includes description, identification, assay, and impurities. The USP redirects the manufacturer to other chapters to guide the specifications of each test. In addition to the universal tests, the specific ones include uniformity of dosage units; microbial limits; antioxidants, water, and antimicrobial preservative content; sterility (if applicable), pH, particle size, crystal formation and *in vitro* drug release test [5].

A performance evaluation is required in order to guarantee the appropriate product release and evaluate other quality requirements that could affect the drug release from its dosage form. A performance test must be reproducible and reliable. Although it is not an assessment of bioavailability, the test should be able to detect drug release characteristics changes that could modify the expected pharmacological effect. Such changes may be related to the active pharmaceutical ingredient or excipients, physical

or physical-chemical properties of the formulation, transport, storage and time conditions, and other critical characteristics for the quality of dosage forms [53].

The TDDS presents a drug-releasing process through passive or active mechanisms. The passive diffusion occurs, exclusively, due to the drug concentration gradient, using or not a permeation agent. On the other hand, the active release mechanism arises using innovative technologies focused in to reduce the stratum corneum barrier effect. Such promising technologies are useful to higher molar mass hydrophilic TDDS drug development. There are some examples in the literature of active TDDS using some techniques such as iontophoresis, sonophoresis, electroporation, and microneedling [54, 55]. The USP, as well as the other compendia, discusses passive TDDS performance tests. These tests need to be developed based on scientific principles so that it could be applied in many drugs development stages, such as research, quality control, equivalence tests, or post-approval changes [8].

According to USP, the TDDS *in vitro* release test could be conducted using dissolution apparatus 5, 6, or 7. The apparatus 5, also known as *Paddle over Disk*, is simple and easily applicable to several TDDS devices [8]. Under discussion since 2009 [53], the vertical diffusion cell (Franz diffusion cell) is not included in USP as a performance test yet. However, it is present in the SUPAC-SS [8, 16]. This test wording differs in that the dissolution apparatus is indicated in compliances with a release standard according to individual drug monographs.

On the other hand, the Franz diffusion cell, as previously mentioned, provides information about the TDDS performance. The method is widely used to assess the release and permeation properties of TDDS, as present in the literature [56, 57]. Its evaluation aims to identify the main formulation performance variation that could change the system *in vivo* bioavailability. The USP 5, 6, and 7 dissolution apparatus are not widely used, while the Franz diffusion cell is often present in scientific methodologies for the drug development stage. So, the mention of the vertical diffusion cell in SUPAC-SS is a remarkable update for manufacturers.

#### *Transdermal Delivery Systems Specific Tests*

According to USP, the TDDS is formulated with an adhesive layer in order to ensure intimate skin contact and desired drug dose release. The TDDS adhesive layers used should allow protective film easy removal before use, properly skin adhere during the use, adhesion maintenance for the prescribed time, and easy removal at the end of use, leaving no residue, injuring the skin, or causing any adverse effect. They must also be

able to maintain their performance through the product shelf-life. The physical properties that must be tested include peel adhesion, release liner peel, tack, cold flow, shear, and crystal formation [5].

The peel adhesion test measures the force required to remove a TDDS attached to a patterned surface. The temperature and application conditions are previously determined, and then the device is removed with rate and angle remove control. This test should be conducted in three broad categories: peel adhesion test, release liner peel test, and tack test. The *in vitro* adhesive properties should be characterized according to specification limits determined by the *in vivo* assays. The acceptance criteria are product specific and define to ensure that the adhesion of each batch is within the range defined by the product design and is consistent between batches based on the product development specifications and statistical evaluation of multiple product batches over the product shelf-life. The cold flow and shear tests measure the cohesive properties of the TDDS and can estimate the flow resistance of the adhesive matrix [5].

In addition to physical tests, for reservoir or pouched TDDS, the leak tests are recommended. This device type must be zero leakage tolerance due to the overdose potential risk. The in-process control methods for leaks or potential leaks requires a development plan from the TDDS manufacturers. The highlight of this approach by USP may evidence the improvement demand of the in-process techniques focused on leak prevention. However, the compendium suggests some tests such as visual inspection, seal integrity, and packaging tests [5].

#### *European Pharmacopoeia (EurPh)*

There are no differences between the *in vitro* tests of EurPh and USP. Instead, it lacks the specific tests for TDDS, such as the adhesion, and the in-process test related by USP. The TDDS *in vitro* release performance tests also do not include the Franz diffusion cell. The European community compendium indicates the paddle over the disk dissolution apparatus (USP dissolution apparatus 5); the extracting cell, an inert closet apparatus that contains the device applied under a synthetic porous membrane inside the paddle over the disk apparatus; and the cylinders apparatus (USP dissolution apparatus 6) [7].

#### *Brazilian Pharmacopoeia (FB)*

The transdermal dosage form is not mentioned in the FB. The recommendations of *Guide N.º 20 of February 10<sup>th</sup>, 2021*, should be followed to assess the *in vitro* quality control and performance tests [3].



*Global overview of the regulatory scenario for transdermal permeation tests*

After surveying the regulatory requirements related to TDDS available in the three leading regulatory agencies and OECD, the information about the transdermal dosage forms is summarized in table 1.

The Brazilian Guide N.º 20/2021, published by Anvisa, brings together important references provided by the FDA, EMA, and OECD that support the national industry on the development of transdermal devices. Despite its launch only in 2019, the RDC N.º 37 of July 6<sup>th</sup>, 2009, which deals with the foreign pharmacopoeias' admissibility, already allowed the use of USP or EurPh methodologies for TDDS performance, control, and process tests [58]. The launch of the document by Anvisa provides specific guidelines on the Brazilian drug market approval and clarifies the requirements by importers and manufacturers. Likewise, it ensures population safety to transdermal drugs. The document standardizes a roadmap for TDDS trials based on international regulatory agencies.

In the present study, the regulatory requirements for a transdermal drug from three leading agencies were confronted. The FDA and the EMA demonstrate complementarity quality and safety evaluations. The EMA presents a more explicit approach to quality requirements from the TDDS initial development, while the FDA provides extra subsidies in their safety evaluation. The Anvisa took longer to publish a specific guide on this topic. This document mostly follows the international recommendations already established. Regarding the official compendia, USP 2021 presents specific methodologies for the quality control of transdermal devices, an alternative to the lack of approach for these drugs by the Brazilian *Pharmacopeia*.

**Table 1.** Summarized regulatory tools to transdermal drug delivery systems.

Assay/country	USA	Europe	Brazil	OECD	Observations
Performance test ( <i>in vitro</i> release)	SUPAC-SS (1997): Franz cell, and USP 43 NF 38: dissolution test	Guidance on quality of transdermal patches: Dissolution test	Guide N.º 20/2021: Dissolution test	OECD Guide N.º 28: Franz cell and n. 156: Triple Pack Approach	The dissolution tests must be discriminative of the <i>in vitro</i> release process
Bioequivalence Tests	SUPAC-SS (1997): Comparative skin blanching, clinical trial or other appropriate validated	Guideline on the pharmacokinetic and clinical evaluation of modified release dosage forms (2014): Clinical trial using single dose comparing test and reference performed in the highest strength	RE 1.170/2006, Public Consult N.º 760/2019: Pharmacokinetic clinical trial comparing test and reference	Absent	The FDA allows just the placebo comparison while the other agencies recommend test and reference comparison, observing place and application way
Irritation/sensitization assays	Draft Guidance for Industry to Assessing the irritation and sensitization potential of transdermal and topical delivery systems for NDAs (2018): A clinical study with a 21-day induction phase, following by a challenge phase comparing test and reference	Guidance on quality of transdermal patches (2014): A clinical study with a 21-day induction phase, following by a challenge phase comparing test and reference	Absent	OECD Test Guideline N.º 439: <i>In vitro</i> test system of reconstructed human epidermis	EMA recommends an active- and placebo-controlled clinical study while FDA did not mention the use of placebo. On the other side, OECD recommends an <i>in vitro</i> study

Assay/country	USA	Europe	Brazil	OECD	Observations
Adhesion Tests	<p>Draft: Guidance for Industry to Assessing the adhesion with transdermal and topical delivery systems for ANDAs (2018); A clinical study with a sufficient temporal resolution comparing test and reference</p>	<p>Guidance on quality of transdermal patches (2014): Could be included in the human clinical pharmacokinetic study, should be cover the different dose strengths and the largest patch sizes</p>	<p>Guide N.º 20/2021: <i>In vitro</i> test to measure the strength required to remove the TDDS from a surface</p>	<p>Absent</p>	<p>FDA bring an <i>in vivo</i> test in the Draft Guidance and an <i>in vitro</i> test in the USP, while EMA just recommends the <i>in vivo</i> study and the Anvisa just the <i>in vitro</i></p>
	<p>USP 43. General Chapter 3: Peel Adhesion Test</p>	<p>Absent</p>	<p>Guide N.º 20/2021: Does not specify the tests to be performed</p>	<p>Absent</p>	<p>It is only applied to TDDS of the reservoir type</p>
Leak Test	<p>USP 2021. General Chapter 3: Evaluate the TDDS by visual inspection, seal integrity and packaged product testing</p>	<p>Absent</p>	<p>Guide N.º 20/2021: Does not specify the tests to be performed</p>	<p>Absent</p>	<p>It is only applied to TDDS of the reservoir type</p>

Assay/country	USA	Europe	Brazil	OECD	Observations
Quality attributes evaluation	USP 2021. General Chapter 3: Description, identification, assay, impurities, physicochemical properties, uniformity of dosage units, water content, pH, apparent viscosity, microbial limits, antimicrobial preservative content, and antioxidant content, and sterility	<i>European Pharmacopoeia</i> 10 <sup>th</sup> : Uniformity of dosage units, uniformity of content, dissolution, microbial limits, and antimicrobial preservative content	Guide N.º 20/2021: Description, identification, assay, impurities, physicochemical properties, polymorphism, uniformity of dosage units, water content, pH, apparent viscosity, microbial limits, antimicrobial preservative content, antioxidant content, and sterility	Absent	Brazilian Guide mixture the test presents in EurPh and USP. The EurPh did not specify the physicochemical test to be performed in the Transdermal General Chapter
Permeation assay in the development stage	Absent	Guidance on Quality of transdermal patches (2014): <i>In vitro-in vivo</i> correlations	Law N.º 11.194/2008, Normative Resolutions N.º 17 e 18/2014, and Guide N.º 20/2021: Use of Franz diffusion cell or dissolution apparatus	OECD Guide n. 156: Use of Franz cell diffusion	The FDA Draft <i>Guidance for Industry on Transdermal and Topical Delivery Systems: Product Development and Quality Considerations</i> is in implementation phase

## CONCLUSION

The number of transdermal formulations has grown in recent decades. The main reason is related to the benefits that this dosage form brings to the treatment of several diseases. It is about a promising methodology when compared with conventional techniques. The *in vitro* release and permeation tests are crucial for the development and evaluation of the security, efficacy, and performance criteria of these systems. However, there are still discrepancies between the evaluating methodologies by the leading regulatory agencies. Concerning the regulatory approval of new TDDS drug in Brazil, the regulatory scope is still in its first steps and the documents are based on the EMA and FDA primary international documents. The launch of a defined national standardized statute associated with validated *in vitro* release and permeation tests represents a remarkable breakthrough regarding TDDS.

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