

Objective structured clinical examination (OSCE) to assess the clinical skills of physical therapy students when using physical agents

Evaluación clínica objetiva estructurada (ECOE) para evaluar las habilidades clínicas de los estudiantes de fisioterapia al utilizar agentes físicos

Hernán Andrés de la Barra-Ortiz¹ Luis Adrián Gómez-Miranda¹ Juan Ignacio de la Fuente-Astroza¹

¹ Universidad Andres Bello - Faculty of Rehabilitation Sciences - School of Physical Therapy - Exercise and Rehabilitation Sciences Laboratory - Santiago de Chile - Chile.

Corresponding author: Hernán Andrés de la Barra-Ortiz. Laboratorio de Ciencias del Ejercicio y la Rehabilitación, Escuela de Kinesiología, Facultad de Ciencias de la Rehabilitación, Universidad Andres Bello. Santiago de Chile. Chile. Email: hdelabarra@unab.cl.

Abstract

Introduction: The use of physical agents in physical therapy (PT) requires clinical reasoning, as well as knowledge of their risks and contraindications; however, deficiencies may be observed when used in clinical practice.

Objective: To implement the Objective Structured Clinical Evaluation (OSCE) method for the assessment of clinical skills among physical therapy specialty students when using physical agents.

Materials and methods: A pilot, non-experimental, cross-sectional study was conducted in 114 physical therapy students enrolled during the first semester of 2019 in a physical agents course offered at the Universidad Andres Bello, Santiago, Chile. The OSCE consisted of 7 peer-validated stations, in which various skills were implemented in simulated clinical scenarios to achieve learning outcomes associated with the use of physical agents, namely: S1: connective tissue flexibility; S2: muscle relaxation; S3: analgesia; S4: drainage; S5: muscle strengthening; S6: parameter interpretation; and S7: equipment installation. Observers at each station assessed students' clinical skills and decision-making using a checklist. OSCE scores were described using medians and interquartile ranges, representing the data dispersion between the 25th and 75th percentile (P25-P75). Station scores by sex were compared using the Mann-Whitney U test.

Results: Median scores were higher than the minimum passing score in stations S1 (66, IQR: 52-70), S2 (55, IQR: 45-60), S3 (60, IQR: 50-69), S4 (65, IQR: 55-73), and S7 (40, IQR: 33-45), but they were below the passing score in stations S5 (54, IQR:46-65) and S6 (10, IQR: 9-13). In addition, 101 (88.59%) students had a global passing score in the OSCE.

Conclusion: The OSCE scores obtained by the participants show their attainment of clinical skills when using physical agents since most of them obtained a global passing score; however, reinforcing the clinical skills for parameter interpretation is necessary, considering that the lowest mean score was obtained in said station.

Keywords: Physical Therapy Modalities; Physical and Rehabilitation Medicine; Learning; Student Health Services (MeSH).

Resumen

Introducción. El uso de agentes físicos en el ejercicio de la fisioterapia requiere razonamiento clínico y saber sus riesgos y contraindicaciones, aunque en ocasiones se observan deficiencias al utilizarlos en la práctica clínica.

Objetivo. Implementar la metodología de Evaluación Clínica Objetiva Estructurada (ECOE) para la evaluación de habilidades clínicas en estudiantes de fisioterapia al aplicar agentes físicos.

Materiales y métodos. Se realizó un estudio piloto transversal no experimental en 114 estudiantes de fisioterapia inscritos en el primer semestre de 2019 en la asignatura de agentes físicos en la Universidad Andrés Bello, Santiago de Chile, Chile. La ECOE consistió de siete estaciones validadas por pares en las que se implementaron diversas habilidades en escenarios clínicos simulados para lograr resultados de aprendizaje asociados al uso de agentes físicos, a saber: E1: Flexibilidad tejido conectivo, E2: Relajación muscular, E3: Analgesia, E4: Drenaje, E5: Fortalecimiento, E6: Interpretación de parámetros y E7: Instalación de equipo. En cada estación, las habilidades clínicas y toma de decisiones fueron evaluadas por observadores usando listas de verificación. Las puntuaciones en la ECOE se describieron usando medianas y rangos intercuartiles, representado la dispersión de los datos entre el percentil 25 y 75 (P25-P75). Los puntajes en cada estación fueron comparados por género mediante la prueba de U de Mann-Whitney. **Resultados.** Las medianas de puntaje fueron superiores al puntaje aprobatorio en las estaciones E1 (66, RIC: 52-70), E2 (55, RIC: 45-60), E3 (60, RIC: 50-69), E4 (65, RIC: 55-73) y E7(40, RIC: 33-45), pero inferiores en las estaciones E5 (54, RIC: 46-65) y E6 (10, RIC: 9-13). Además, 101 estudiantes (88.59%) obtuvieron un puntaje aprobatorio global en la ECOE.

Conclusión. Los puntajes obtenidos en la ECOE por los participantes demuestran el logro de habilidades clínicas al utilizar agentes físicos, pues la mayoría obtuvo una nota aprobatoria global. No obstante, se requiere reforzar las habilidades clínicas de interpretación de parámetros, estación en la que se obtuvo la media de puntaje más baja.

Palabras clave: Fisioterapia; Modalidades de Fisioterapia; Estudiantes; Educación (DeCS).

de la Barra-Ortiz HA, Gómez-Miranda LA, de la Fuente-Astroza JI. Objective structured clinical examination (OSCE) to assess physical therapy students' clinical skills when using physical agents. Rev. Fac. Med. 2021;69(3):e83545. English. doi: https://doi.org/10.15446/revfacmed.v69n3.83545.

De la Barra-Ortiz HA, Gómez-Miranda LA, De la Fuente-Astroza JI. [Evaluación clínica objetiva estructurada (ECOE) para evaluar las habilidades clínicas de los estudiantes de fisioterapia al utilizar agentes físicos]. Rev. Fac. Med. 2021;69(3):e83545. English. doi: https://doi.org/10.15446/revfacmed.v69n3.83545.

Introduction

Health education is a complex activity that requires integrating knowledge, skills, attitudes and values to train professionals, not to mention a dynamic teaching process based on the context, socio-cultural changes, and emerging needs.¹ Training for healthcare professionals entails the use of a methodology that involves the development and assessment of professional skills that enable them to solve problems inherent to their profession in a specific context by applying their knowledge on professional functions, tasks, and attributes associated with social development demands.¹

Higher education has focused its formative models on learning-centered teaching, that is, the educational practice that aims to teach and promote the development of critical skills emerging from the needs, interests and abilities of students.² Student-centered training focuses on learning, so that students assume a more active, self-directed role in their training, thus making the teacher a facilitator of the process instead of a lecturer.³⁻⁵ This approach implies a paradigm shift that leads to the use of varied teaching and evaluation methodologies, especially to develop clinical skills.⁶⁻⁸

Physical therapy training processes are oriented to the development and acquisition of learning outcomes (LO), which requires instructional methods focused on what the student needs to learn, making them aware of the knowledge necessary for professional practice.⁶⁻⁸ LOs are usually defined as the set of knowledge, understanding and actions that a student is capable of demonstrating at the end of a training and learning period. The term LO includes the skills, attitudes and understanding that the student obtains and, therefore, is able to demonstrate as a result of an educational experience, and that are required to prove their level of compliance with said experience.⁹⁻¹²

Other authors have defined LOs as a combination of generic and discipline-specific skills, as well as an integration of knowledge and attitudes that the student will achieve.^{9,13,14} LOs also describe how and under what conditions students will be evaluated, allowing the identification of the results of a study program, as well as the evaluation criteria that will be used.^{9-12,15,16}A variety of LO classifications have been proposed in the literature; however, there is consensus that they correspond to what a student knows and is able to do as a result of a learning process, recognizing that LO-based education has evolved in the context of the training of health professionals.^{7,9,10-18}

The application of physical agents is a requirement for physical therapy undergraduate students, as the development of this clinical skill is a fundamental part of the physical therapy study plan. Physical agents comprise natural or artificial resources including heat, cold, water, electricity, and electromagnetic radiation for therapeutic purposes.¹⁹⁻²⁴ Although there is no common frame of reference for the physical therapy profession that defines the ability to apply physical agents and the level of achievement, it has been recognized as "the evaluation and use of physical agents in clinical practice," which implies a deep knowledge of their physiological effects for the different forms of energy used.^{24,25}

The use of physical agents requires that physical therapy professionals understand properly their con-

traindications, precautions, and indications, as well as being duly informed about their application and relevance in specific contexts. An inadequate choice could generate unwanted effects in patients such as pain, burns, skin lesions, pregnancy hazards, and bleeding, among others.^{22,23} Thus, an adequate physical agents intervention assessment requires pedagogical practices and evaluation strategies that favor the resolution of clinical problems in real physical therapy scenarios.^{25,26}

One of the greatest challenges of training physical therapy students is the assessment of professional skills in intervention areas using objective, valid, and reliable instruments that guide the formative processes towards experiential processes. In this context, clinical simulation provides students with frequent exposure to controlled risks, error tolerance, and learning experiences transferable to clinical practice.^{7,8}

The structured objective clinical examination (OSCE) is an example of these simulation strategies. OSCE is a pedagogical instrument that includes several evaluation methods in the same test; it is a methodology described in the literature that facilitates the development of clinical skills.²⁷⁻³⁰ Different studies have given value to this instrument, demonstrating that OSCE is a good methodology for evaluating clinical skills with adequate indicators of validity, objectivity and reliability.^{31,32} The OSCE format is geared to assessing clinical skills and professional attitudes in context-specific situations, differing from theoretical evaluations that mostly seek to assess knowledge.³³

During the implementation of the OSCE, students rotate through a sequential station circuit, where they are asked to perform several activities that require procedural and reasoning skills. Stations use standardized simulated patients, computer cases, dummies, complementary tests, and multiple-choice or short-answer questions related to clinical cases, among others.²⁶⁻²⁸ Various training experiences with the OSCE methodology in other healthcare professions highlight it as an appropriate and valuable instrument that increases students' skills and knowledge of their field.³⁴⁻³⁶

Therefore, the OSCE methodology can be useful to measure the LOs of physical therapy students when using physical agents, minimizing risks, and improving the therapeutic care offered. To date, there are no publications on the use of this type of methodology to assess the clinical skills of physical therapy students when using physical agents that compare results between sexes.

Thus, the objective of this study was to implement the OSCE methodology for the assessment of clinical skills in physical therapy students when using physical agents.

Materials and methods

Type of study

A pilot, non-experimental, cross-sectional study was performed.

Ethical considerations

The present study was approved by the Bioethics Committee of the Faculty of Rehabilitation Sciences of the Universidad Andrés Bello and followed the principles of the Declaration of Helsinki (Certificate A161, approval June 3, 2019).³⁷ Before taking part in the study, all participants were required to sign an informed consent form.

Participants

The study included 114 students (59 men, 55 women) enrolled in the physical agents course of the Physical Therapy program offered at Universidad Andrés Bello in Santiago de Chile, Chile. The study was carried out in the Faculty of Rehabilitation Sciences, Laboratory 304, Building C5, at the Casona de Las Condes Campus of UNAB, Fernández Concha 700, Santiago, Chile.

The inclusion criteria considered all the students who were taking the physical agents course during the first semester of 2019 and who consented to the use of their information regarding the scores. Students who did not perform or did not complete the test were excluded from the study. Of a total of 118 students, 4 were excluded.

Instrument

The OSCE methodology was presented to students at the beginning of the semester, together with several evaluation strategies such as the biannual closing evaluation.

The OSCE was designed by physical agents professors in accordance with the institutional educational model, which establishes that training should be based on LOs. The LOs described in the course program included: 1) the ability to analyze physical and physiological results derived from the application of non-ionizing physical agents; 2) the evaluation of different non-ionizing physical agents modalities in terms of the therapeutic objective in different professional contexts and the resolution of deficiencies and problems with the functioning of the users due to various health conditions; and 3) the evaluation of deficiencies and functioning problems originated by the users' health conditions, as well as the relevance and context of intervention with non-ionizing physical agents.

For 3 months, students received weekly preparation sessions that covered the biophysical bases, physiological effects, and the most used applications of physical agents, with an emphasis on biphasic pulsed current (TENS), Russian currents (Kots), short wave diathermy (SWD), and conventional ultrasound. Training was carried out with practical laboratory activities, resolution of clinical problems, and simulation stations among the students themselves. The OSCE was divided into 7 stations to evaluate the LOs defined for the physical agents course (Table 1).

Table 1. Physical agents, OSCE stations	, and clinical skills evaluated.
---	----------------------------------

Station	Station name	Learning outcome *	Station modality	Station description
S1	Connective tissue flexibility	LO 1 LO 2 LO 3	Standardized patient	Using ultrasound with the therapeutic purpose of making connective tissue more flexible.
S2	Muscle relaxation	LO 1 LO 2 LO 3	Standardized patient	Checking contraindications for short wave diathermy application before muscle relaxation.
S3	Analgesia	LO 1 LO 2 LO 3	Standardized patient	Demonstrating the application of biphasic pulsed current (TENS ⁺) for analgesia therapy.
S4	Drainage	LO 1 LO 2 LO 3	Standardized patient	Demonstrating the application of biphasic pulsed current (NMES ‡) for edema drainage, activating muscle pumps.
S5	Muscle strengthening	LO 1 LO 2 LO 3	Standardized patient	Performing electric muscle strengthening to increase trophism.
S6	Parameter interpretation	LO 1 LO 2 LO 3	Mailbox	Developing the intervention-energy model.
S7	Equipment installation	LO 1 LO 2	Dummy (phantom)	Installing electrotherapy equipment safely.

* Learning outcomes established for the physical agents course.

+ Transcutaneous electrical nerve stimulation.

‡ Neuromuscular electrical stimulation.

Source: Own elaboration.

The OSCE stations were built to replicate common clinical problems in Physical Therapy. A rest station was assigned between stations 5 and 6. Each station lasted 8 minutes (1 minute for instructions and 7 for the application), with a total of 64 minutes for the exam. Before the OSCE began, instructions regarding the time, number of stations, and rotation direction were given. A professor checked the time and indicated the moment and form of rotation to the students. Before its application, the OSCE was submitted to peer evaluation by 5 physical therapists, with a focus on the station checklists and their consistency with LOs. After peer validation, the acting team (5 standardized patients) was summoned and a pilot test was carried out with the physical agents course professors and 8 students who had already taken and passed the course, as well as with observers to complete the training in their respective stations. It should be noted that adjusting the instrument after the peer validation process and the pilot test was not necessary. Students were divided by the PA professors into 14 groups of 8 people and were assigned a day and time to take the test. Two days were considered for the OSCE application. Stations S1, S2, S3, S4 and S5 had standardized

patients (previously trained and assigned with health

conditions), while a dummy was used in S7; station S6 (mailbox) involved the interpretation of electrotherapy equipment parameters. Each station was evaluated with a checklist that included criteria in attitudes, knowledge, and skills domains (Table 2).^{9-12,15}

Station	Station name	Criteria	Domain: criteria	Instrument	Total score (points)
S1	Connective tissue flexibility	 Greet user and introduce yourself. Retrieve information from the clinical record and briefly complement it with the interview. Select PA for the therapeutic purpose. Briefly explain procedure to user. Hand hygiene. Position user, protecting the affected segments. Set up the equipment, adjusting the most appropriate parameters to achieve the therapeutic goal. Demonstrate the application with the selected PA (30 seconds). Uninstall equipment and implements. Tide up and clean clinical station after the application. Say goodbye and thank the user. 	Attitude: 1,4,11 Knowledge: 2,3,7 Skill: 5-10	Checklist	0-74
S2	Muscle relaxation	 Greet user and introduce yourself. Retrieve information from the clinical record and briefly complement it with the interview. Hand hygiene. Select PA for therapeutic purpose. Check for the presence of contraindications and precautions related to PA (at least 5). Explain the user why the technique will not be used with him/ her. Indicate another therapeutic alternative that meets the same therapeutic goal. Tide up and clean clinical station post application. Say goodbye and thank the user. 	Attitude: 1,9 Knowledge: 4,5,7 Skill: 2,3,6,8	Checklist	0-64
S3	Analgesia	 Greet user and introduce yourself. Retrieve information from the clinical record and briefly complement the interview. Select PA for therapeutic purpose. Briefly explain the procedure to the user. Decide the best pain modulation mechanism. Hand hygiene. Position the user, protecting the affected segments. Set up the equipment, adjusting the most appropriate parameters to achieve the therapeutic goal. Demonstrate the application with the selected PA (30 seconds). Uninstall equipment and implements. Tide up and clean clinical station post application. Say goodbye and thank the user. 	Attitude: 1,12 Knowledge: 3-5,8 Skill: 2,6,7,9- 11	Checklist	0-80
S4	Drainage	 Greet user and introduce yourself. Retrieve information from the clinical record and briefly complement the interview. Select PA for therapeutic purpose. Briefly explain the procedure to user. Hand hygiene. Position user favoring postural drainage. Set up equipment by adjusting the most appropriate parameters to achieve the therapeutic goal. Demonstrate the application with the selected PA (30 seconds). Uninstall equipment and implements. Tide up and clean clinical station post application. Say goodbye and thank the user. 	Attitude: 1,11 Knowledge: 3,4,7 Skill: 2,5,6,8- 10	Checklist	0-80

Table 2. Evaluation criteria per station. (continued)

Station	Station name	Criteria	Domain: criteria	Instrument	Total score (points)
S5	Muscle strengthening	 Greet user and introduce yourself. Retrieve information from the clinical record. Select PA for therapeutic purpose. Briefly explain procedure to the user. Hand hygiene. Position user, protecting the affected segments. Set up the equipment, adjusting the most appropriate parameters to achieve the therapeutic goal (schedule an NMES training and parameters). Demonstrate the application with the selected PA (30 seconds). Uninstall equipment and implements. Tide up and clean clinical station post application. Say goodbye and thank the user. 	Attitude: 1,11 Knowledge: 3,4,7 Skill: 2,5,6,8- 10	Checklist	0-80
S6	Parameter interpretation	 Analyze information on an electrotherapy screen. Indicate modality of therapeutic PA. Indicate contraindications and precautions for PA. Indicate type of energy. Indicate energy transfer. Indicate physiological effects associated with parameters of the indicated PA. Indicate therapeutic goal based on physiological parameters and effects. 	Attitude: Knowledge: 2-7 Skill: 1	Short answer questions	0-18
S7	Equipment installation	 Retrieve relevant information from the clinical record. Select the most relevant physical agent in relation to the therapeutic goal. Hands hygiene. Position the dummy, favoring postural drainage. Set up the equipment, adjusting the most appropriate parameters to achieve the therapeutic goal. Install electrodes safely (regular contact, sufficient hydration) Demonstrate the application with the selected PA (30 seconds). Uninstall equipment and implements. Tide up and clean clinical station post application. 	Attitude: Knowledge: 2,5 Skill: 1,3,4-9	Checklist	0-53

Source: Own elaboration.

A trained observer with the checklist was assigned to the 6 stations to verify compliance or not with the criteria established for each station. Interaction between the observer and the students was not allowed.

Checklist observations were tabulated, coded, and analyzed using the Microsoft Excel® software after completing the OSCE. According to the institutional evaluation policies and the criteria defined for the course, an LO is considered approved or achieved if a score equal to or higher than 70% of the total is achieved.

The station checklists were numbered and kept by the coordinator to maintain the anonymity of participants.

Statistical analysis

Statistical analysis was performed with STATA, version 13.0. The scores obtained for each station were analyzed using the Shapiro-Wilk normality test to determine the distribution of the variables (scores) and to define the statistical procedures and descriptive statistics,³⁸ showing a non-normal distribution for all stations except for S5.

The OSCE scores were described using medians as measures of central tendency and interquartile range as measures of dispersion representing the data dispersion between the 25^{th} and 75^{th} percentile (P25-P75). The station scores by sex were then compared using the Mann-Whitney U test. A significance level of p < 0.05 was considered.

Results

Results show that the 50th percentile is above the passing score for all stations (70% of the total score for each station), except for stations S5 and S6, in which the 50th percentiles were 2 and 3 points below the passing score, respectively (Table 3). Therefore, the OSCE results indicate a passing rate above 50% for stations S1, S2, S3, S4 and S7, while stations S5 and S6 obtained a passing rate below 50%. Considering the total OSCE score, 101 students passed the test (88.59%).

Stations with higher scores were connective tissue flexibility and drainage scenarios, where the score for the 25th percentile (P25) is equal to or greater than the minimum passing score. On the other hand, the lowest performance stations were the parameter interpretation station and the muscle strengthening station, where scores for the P25 and the P50 were below the passing score, which is consistent with the percentage of students who passed at these stations (Table 3).

There were no statistically significant differences in the scores of all 7 stations between males and females: (S1) p=0.6501; (S2) p=0.1454; (S3) p=0.5153; (S4) p=0.1564; (S5) p=0.4485; (S6) p=0.8081; and (S7) p=0.1768 (Figure 1).

Station	Station name	Median	(P25-P75)	Minimum score	Maximum score	Total score
S1	Connective tissue flexibility	66	(52-70)	10	74	0-74
S2	Muscle relaxation	55	(45-60)	21	64	0-64
S3	Analgesia	60	(50-69)	21	80	0-80
S4	Drainage	65	(55-73)	35	80	0-80
S5	Muscle strengthening	54	(46-65)	12	80	0-80
S6	Parameter interpretation	10	(9-13)	1	18	0-18
S7	Equipment installation	40	(33-45)	0	53	0-53

Source: Own elaboration based on the data obtained in the study.



Figure 1. OSCE station scores by sex using the U-Mann Whitney statistical test. * Significant difference at p<0.05. Source: Own elaboration.

Discussion

The World Confederation of Physical Therapy (WCPT) guidelines specify that intervention strategies are necessary in cases of health conditions and contexts that affect the functioning of people. According to the WCPT, such strategies involve the use of physical agents to produce changes in health status or a patient's condition; however, intervention with these resources requires developing clinical skills before applying them.^{21,35} The difficulties in using these resources are evident in the performance of clinicians and students in training, compromising the quality of care and increasing risks associated with their use.^{25,26}

A challenge for the training of physical therapy students is the implementation of evaluation strategies that account for their clinical skills, so the OSCE methodology is an excellent evaluation system with validity, objectivity, and reliability.^{33,39} Therefore, the objective of this study was to implement the OSCE methodology to evaluate LOs related to the use of physical agents.

This methodology allowed making individual evaluations in a simulated and controlled environment, thus minimizing risks, since a large number of resources, academic teams, trained actors, and staff support are necessary for optimal implementation and student training.^{7,8,34,40-46} It should be noted that the 7 stations integrated attitude, knowledge and skills domains, allowing for training and reinforcement throughout the OSCE and not only on one occasion.⁴⁰

The results reveal a high performance by students in most stations despite the OSCE requirements. Regardless of the results at 2 stations (S5: muscle strengthening and S6: parameter interpretation), which were below the 50th percentile (P50), the total passing score for the cohort was 88.59% (101 students), considering the weighted average of all station scores. The best results were obtained for stations S1 to S4 with standardized patients, which is related to the development of the skills integrated by the students.

On the other hand, the lowest performance observed was obtained at station S6, mailbox station, which is consistent with other studies that have found lower or greater difficulty in stations involving interpretation and association skills.^{34,47,48} In contrast, an inverse behavior has been described, with interpretation stations posing greater difficulty than procedural stations.³⁴ For this reason, due to their high methodological quality, it is recommended to favor stations with standardized patients and provide students with a variety of clinical situations associated with different contexts.47,49 However, it is necessary to review these stations in terms of difficulty levels, instructions, implementation, and checklist in order to increase the passing scores at the stations and improve performance in the deficit stations in new OSCE versions.37-39

When comparing the results obtained in the stations by sex, no statistically differences were found. However, differences in the clinical performance skills of physical therapy students by sex have been studied to assess whether there are differences in professional training.⁴² The results obtained by students in the OSCE show that sex has no effect on physical therapy training in terms of clinical skills acquisition. These results complement those described by studies showing that physical therapists have similar clinical profiles and little bias in terms of training. Concerning pain management, expectations are sex independent.^{42,43}

Limitations

One of the limitations of this study was the short amount of time allotted for performance in each station. The literature has documented times between 5 and 10 minutes, so it is suggested to increase the time for instructions and case resolution.⁴⁴⁻⁵¹ Another challenge is the need to increase training instances with standardized patients to make students familiar with this modality, thereby reducing anxiety and stress when taking the test.^{43,49}

In order to strengthen the OSCE implementation process, it is proposed to dedicate more hours of training to evaluators and standardized patients before the application of the test, thus familiarizing them more with the clinical cases and checklists. Both are key points for reducing the bias of the standardized patient and the evaluator of the station.⁴⁴

Finally, in future versions of the OSCE, more static stations, such as parameter interpretation, should be included. Although there is evidence of an abbreviated OSCE methodology, 10 or more stations may be required to better exploit this pedagogical and evaluative instrument.⁴⁶

Conclusion

Physical Therapy practice among students requires developing clinical skills to carry out the intervention process judiciously and safely, ensuring a satisfactory therapeutic outcome. In this study, the implementation of the OSCE for the evaluation of LOs when using physical agents showed a good performance by the students, particularly in scenarios with a standardized patient, finding no differences by sex. The OSCE scores obtained by the participants demonstrate their attainment of clinical skills when using physical agents, as most of them obtained a global passing score that can be improved by knowing in advance the stations in which their performance was lower. Taking this into account, reinforcing the parameter interpretation clinical skills is necessary, since the lowest mean score was obtained in said station. It should be noted that this evaluation strategy allows evaluating all students using the same criteria and in the same scenarios, bringing them closer to the clinical practice context.

Funding

None stated by the authors.

Conflicts of interests

None stated by the authors.

Acknowledgments

None stated by the authors.

References

- Barzansky B, Etzel SI. Educational Programs in US Medical Schools, 2002-2003. JAMA. 2003;290(9):1190-6. https://doi.org/dc76mq.
- Universidad Andrés Bello (UNAB). Modelo Educativo UNAB; Visión y Estrategia para alcanzar la Excelencia Académica. Santiago de Chile: Dirección de Innovación y Desarrollo Docente UNAB; 2017.
- Ameliana I. Teacher-centered or student-centered learning approach to promote learning? Jurnal Sosial Humaniora. 2017;10(2):59. https://doi.org/gsk5.
- 4. Serim H. A Comparison of Teacher-Centered and Student-Centered Approaches in Educational Settings. International Journal of Social Sciences & Educational Studies. 2018;5(1):164-7. https://doi.org/gsk6.
- Garrett T. Student-Centered and Teacher-Centered Classroom Management: A Case Study of Three Elementary Teachers. Journal of Classroom Interaction. 2008;43(1):34-47.
- Broberg C, Aars M, Beckmann K, Emaus N, Lehto P, Lähteenmäki M, et al. A Conceptual Framework for Curriculum Design in Physiotherapy Education - an International Perspective. Advances in Physiotherapy. 2003;5(4):161-8. https://doi.org/b69k4r.
- Mori B, Carnahan H, Herold J. Use of Simulation Learning Experiences in Physical Therapy Entry-to-Practice Curricula: A Systematic Review. Physiother Can. 2015;67(2):194-202. https://doi.org/gsk7.
- Macauley K. Simulation in Physical Therapy Education and Practice: Opportunities and Evidence-Based Instruction to Achieve Meaning Learning Outcomes. Journal of Physical Therapy Education. 2016;30(1):3-13. https://doi.org/gsk8.
- Leite Â, Soares D, Sousa HFP, Vidal DG, Dinis MAP, Dias D. For a Healthy (and) Higher Education: Evidences from Learning Outcomes in Health Sciences. Educ Sci. 2020;10(6):168. https://doi.org/gsk9.
- Marouchou D. Can Students' Concept of Learning Influence Their Learning Outcomes? Higher Learning Research Communications. 2012;2(2). https://doi.org/gf9fjq.
- 11. Adams S. An introduction to learning outcomes: A consideration of the nature, function and position of learning outcomes

in the creation of the European Higher Education Area. In: Froment E, editor. EUA Bologna Handbook: Making Bologna Work. Volume 4. Berlin: RAABE; 2002. p 2-22.

- 12. Watson P. The Role and Integration of Learning Outcomes into the Educational Process. Active Learning in Higher Education. 2002;3(3):205-19. https://doi.org/d9kd6j.
- Gallavara G, Hreinsson E, Kajaste M, Lindesjöö E, Sørskår K, Sedigh-Zadeh M. Learning Outcomes: Common Framework. Different Approaches to Evaluation Learning Outcomes in the Nordic Countries. Helsinki: European Association for Quality Assurance in Higher Education; 2008.
- Calhoun JG, Wrobel CA, Finnegan J. Current State in U.S. Public Health Competency-Based Graduate Education. Public Health Rev. 2011;33;148-67. https://doi.org/gsqw.
- Tremblay K, Lalancette D, Roseveare D. Assessment of Higher Education learning outcomes (AHELO): Feasibility Study Report. OECD; 2013.
- Gonzalez J, Wagenaar R, editors. Tuning Educational Structures in Europe. Final Report. Pilot Project. Phase 1. Bilbao: Universidad de Deusto; 2004.
- 17. Kennedy D. Writing and Using Learning Outcomes: A Practical Guide. Quality Promotion Unit, UCC; 2007.
- Rogers GD, Thistlethwaite JE, Anderson ES, Abrandt Dahlgren M, Grymonpre RE, Moran M, et al. International consensus statement on the assessment of interprofessional learning outcomes. Med Teach. 2017;39(4):347-59. https://doi.org/f9sfvq.
- Cameron M. Agentes Físicos en Rehabilitación. De la Investigación a la práctica. 4th ed. Oakland: Elsevier; 2014.
- Allen RJ. Physical Agents Used in the Management of Chronic Pain by Physical Therapists. Phys Med Rehabil Clin N Am. 2006;17(2):315-45. https://doi.org/ch95qm.
- Guarín-Corredor C, Quiroga-Santamaría P, Landínez-Parra N. Proceso de Cicatrización de heridas de piel, campos endógenos y su relación con las heridas crónicas. Rev. Fac. Med. 2013;61(4):441-8.
- International Society for Electrophysical Agents in Physical Therapy (ISEAPT). London: World Physiotherapy; 2020 [cited 6 July 2020]. Available from: https://bit.ly/3zo62zQ.
- Chile. Ministerio de Salud pública y Previsión Social. Decreto 1082 de 1958 (octubre 22): Aprueba el reglamento sobre el ejercicio de la profesion de kinesiologo. Santiago de Chile; 1958 [cited 6 July 2020]. Available from: https://bit.ly/3gCnA3V.
- Robertson VJ, Spurritt D. Electrophysical agents: Implications of their availability and use in undergraduate clinical placements. Physiotherapy. 1998;84(7):335-44. https://doi.org/b24642.
- Pérez-Machado JL, Rodríguez-Fuentes G. Autopercepción de competencia en el manejo de los agentes electrofísicos en alumnos españoles de fisioterapia de último año. Fisioterapia. 2012; 34(4):146-53. https://doi.org/f2jsv9.
- 26. Fernández-Elgueta AM, Estrada-Goic CA. Percepción sobre las competencias específicas de formación profesional del cinesiólogo. FEM (Ed. impresa). 2016;19(3):125-33.
- Triviño X, Vásquez A, Mena A, López A, Aldunate M, Varas M, et al. Aplicación del Examen Clínico Objetivo Estructurado (OSCE) en la evaluación final del internado de pediatría en dos escuelas de medicina. Rev. méd. Chile. 2002;130(7):817-24. https://doi.org/dfmg52.
- Harden RM, Stevenson M, Downie WW, Wilson GM. Assessment of clinical competence using objective structured examination. Br Med J. 1975;1(5955):447-51. https://doi.org/fvvpkw.
- Muldoon K, Biesty L, Smith V. 'I found the OSCE very stressful': student midwives' attitudes towards an objective structured clinical examination (OSCE). Nurse Educ Today. 2014;34(3)468-73. https://doi.org/bbh2.
- 30. Smith V, Muldoon K, Biesty L. The Objective Structured Clinical Examination (OSCE) as a strategy for assessing clinical com-

petence in midwifery education in Ireland: A critical review. Nurse Educ Pract. 2012;12(5):242-7. https://doi.org/f35nzm.

- Regehr G, Freeman R, Robb A, Missiha N, Heisey R. OSCE performance evaluations made by standardized patients: comparing checklist and global rating scores. Acad Med. 1999;74(Suppl 10):S135-7. https://doi.org/ccxx5r.
- Sloan DA, Donnelly MB, Schwartz RW, Strodel WE. The Objective Structured Clinical Examination The New Gold Standard for Evaluating Postgraduate Clinical Performance. Ann Surg. 1995;222(6):735-42. https://doi.org/bmfdkj.
- Ticse R. El Examen Clínico Objetivo Estructurado (ECOE) en la evaluación de competencias de comunicación y profesionalismo en los programas de especialización en Medicina. Rev Med Hered. 2020;28(3). https://doi.org/gsrh.
- Villegas N, Cianelli R, Fernandez M, Henderson S, Sierra S, Alfonso Y, et al. Assessment of breastfeeding clinical skills among nursing students using the Objective Structured Clinical Examination (OSCE). Inv Ed Méd. 2016;5(20):244-52. https://doi.org/gsrj.
- Kemelova GS, Tuleutaeva ST, Aimbetova DB, Garifullina RR. The objective structured clinical examination in dentistry: strengths and weaknesses. Stomatologiya (Mosk). 2019;98(4):8-11. https://doi.org/gsrk.
- Wnag X, Wang Y, Huang W. WCPT guideline for physical therapist professional entry level education. Chinese Journal of Rehabilitation Medicine. 2012;27(10):887-98. https://doi.org/gsrm.
- World Medical Association (WMA). WMA Declaration of Helsinki – Ethical principles for medical research involving human subjects. Fortaleza: 64th WMA General Assembly; 2013.
- Yap BW, Sim CH. Comparisons of various types of normality tests. Journal of Statistical Computation and Simulation. 2011;81(12):2141-55. https://doi.org/dhw3sx.
- Sakurai H, Kanada Y, Sugiura Y, Motoya I, Wada Y, Yamada M, et al. OSCE-based Clinical Skill Education for Physical and Occupational Therapists. J Phys Ther Sci. 2014;26(9):1387-97. https://doi.org/gfh3d9.
- 40. Alemán-Belando S, Marín-Silvente C, Soriano-Giménez V, González-Gil A, Flores-Funes D, Ramírez-Romero P, et al. Cómo perciben los estudiantes del primer curso clínico del Grado en Medicina la prueba de Evaluación Clínica Objetivada Estructurada (ECOE). Educ Med. 2019;20(Suppl 2):144-7. https://doi.org/gsrn.
- 41. Pinilla-Roa AE. Evaluación de Competencias Profesionales en Salud. Rev. Fac. Med. 2013;61(1):53-70.
- Graf J, Smolka R, Simoes E, Zipfel S, Junne F, Holderried F, et al. Communication skills of medical students during the OSCE: Gender-specific differences in a longitudinal trend study. BMC Med Educ. 2017;17(1):75. https://doi.org/f97h38.
- 43. Sivagurunathan M, MacDermid J, Chuang JCY, Kaplan A, Lupton S, McDermid D. Exploring the role of gender and gendered pain expectation in physiotherapy students. Canadian Journal of Pain. 2019;3(1):128-36. https://doi.org/gsrq.
- 44. Gormley G. Summative OSCEs in undergraduate medical education. Ulster Med J. 2011;80(3):127-32.
- Khan KZ, Gaunt K, Ramachandran S, Pushkar P. The Objective Structured Clinical Examination (OSCE): AMEE Guide No. 81. Part II: Organisation & Administration. Med Teach. 2013;35(9):e1447-63. https://doi.org/gf639h.
- 46. Furman GE. The Role of Standardized Patient and Trainer Training in Quality Assurance for a High-Stakes Clinical Skills Examination. Kaohsiung J Med Sci. 2008;24(12):651-5. https://doi.org/br54xs.
- Larsen T, Jeppe-Jensen D. The introduction and perception of an OSCE with an element of self- and peer-assessment. Eur J Dent Educ. 2008;12(1):2-7. https://doi.org/bqbhpq.

- Hernández-Gutiérrez LS, Trejo JA, Marín-Campos Y. Diseño de un ECOE para evaluar habilidades clínicas en neurología en estudiantes del quinto año. Inv Ed Med. 2017;6(24):248-54. https://doi.org/gsrr.
- Park WB, Kang SH, Myung SJ, Lee YS. Does Objective Structured Clinical Examinations Score Reflect the Clinical Reasoning Ability of Medical Students? Am J Med Sci. 2015;350(1):64-7. https://doi.org/f7h75d.
- Trejo-Mejía JA, Blee-Sánchez G, Peña-Balderas J. Elaboración de estaciones para el examen clínico objetivo estructurado (ECOE). Investigación educ. médica. 2014;3(9):56-9. https://doi.org/gsrs.
- Allende-Núñez F, Valdés-González H, Reyes-Bozo L. Propuesta de un examen clínico objetivo estructurado como evaluación final de competencias de egreso en la carrera de tecnología médica. Educ Méd. 2019;20(Suppl 2):39-44. https://doi.org/gsrt.